



# Get Ready for Kindergarten

## ★ Self Help Skills ★

- Use the restroom independently
- Wash hands
- Open and close items for lunch/ snack and water bottle
- Pack, unpack and carry a backpack
- Put on and tie or fasten shoes
- Ask for help when needed

## ★ Social Skills ★

- Share with others
- Work cooperatively with other children
- Clean up after themselves.
- Follow directions
- Play simple games while understanding taking turns
- Practice patience and waiting for a turn

## ★ Academic Skills ★

- Listen quietly to a story
- Recognize and write their first name
- Use scissors, pencils, markers and crayons
- Know names of letters and numbers
- Count to 10 or higher

We will support and assist your child with all of these skills, but practicing at home will help them feel more independent and have greater success as they get started in the classroom.